

Leslie Pruyn, LCPC

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(630) 202-3062 / www.lesliepruyn.com

Welcome!

Thank you for choosing my practice for your counseling needs. You have made a great decision to pursue personal well-being. I welcome the opportunity to assist you in finding the balance, vibrancy, authenticity, peace of mind and intimacy that we all deserve.

Services. I provide outpatient psychotherapy by appointment to individuals or couples. I try to accommodate my clients' schedules by offering sessions at various times of the day and weekend. A typical session is about 50 minutes in length. Longer and shorter sessions can be arranged to meet your needs.

I have experience with both adults and adolescents, in group and individual therapy. Some of the areas that I am qualified to treat are depression, anxiety, posttraumatic stress, grief and loss, conflict in relationships and overwhelming stress.

I have acquired training and experience in a variety of therapy methods. We will work together to choose treatment techniques that are designed to produce efficient results for you! My goal is your well-being!

Clients tell me that I am compassionate, calming and responsive. This seems to be a personal style that can work well with people who are seeking help with personal concerns. However, I understand that my style and set of skills may not suit every client. I want you to feel your best so that you can achieve your highest potential and confidence. If I can't help you get there, I will help you find someone who can.

Contacting me. I welcome you to contact me at (630) 202-3062 between sessions if you feel that the contact will prevent crisis. I keep my cell phone on from 9:00 a.m. to 6:00 pm. Monday through Saturday. Usually I will not answer my phone when I am in a session. I check my voice mail frequently and make every effort to return your call promptly.

Cancellation Policy. If possible, please provide 48-hour notice if you will not be able to use the time I have reserved for you. If insurance does not cover missed sessions, it is my policy to bill you for the cost of the session. Most importantly, I hope you will put your own care at the top of your priority list, so that you can achieve lasting, high-level wellness.